

The Towers Outdoor Education Centre

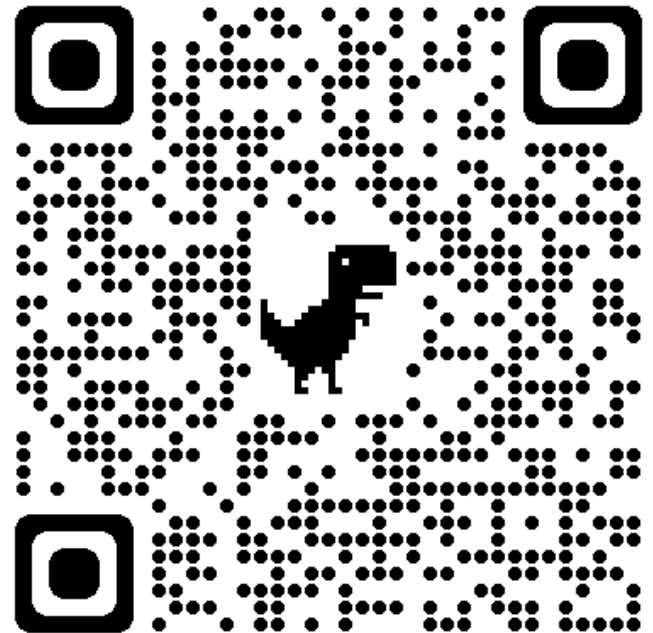


Towers

Wednesday 16th October - Friday 18th October

Mountains Experience

The Towers Active Learning Centre is located in the heart of one of the most stunning mountain areas of the UK. Offering a range of challenging offsite outdoor activities, The Towers provides the perfect setting for experiencing the best of what Snowdonia National Park can offer. From rugged, lofty peaks, to wild climbing crags and gorges to both explore and create adventures, we'll build you an itinerary that will engage your students and inspire.



Fun

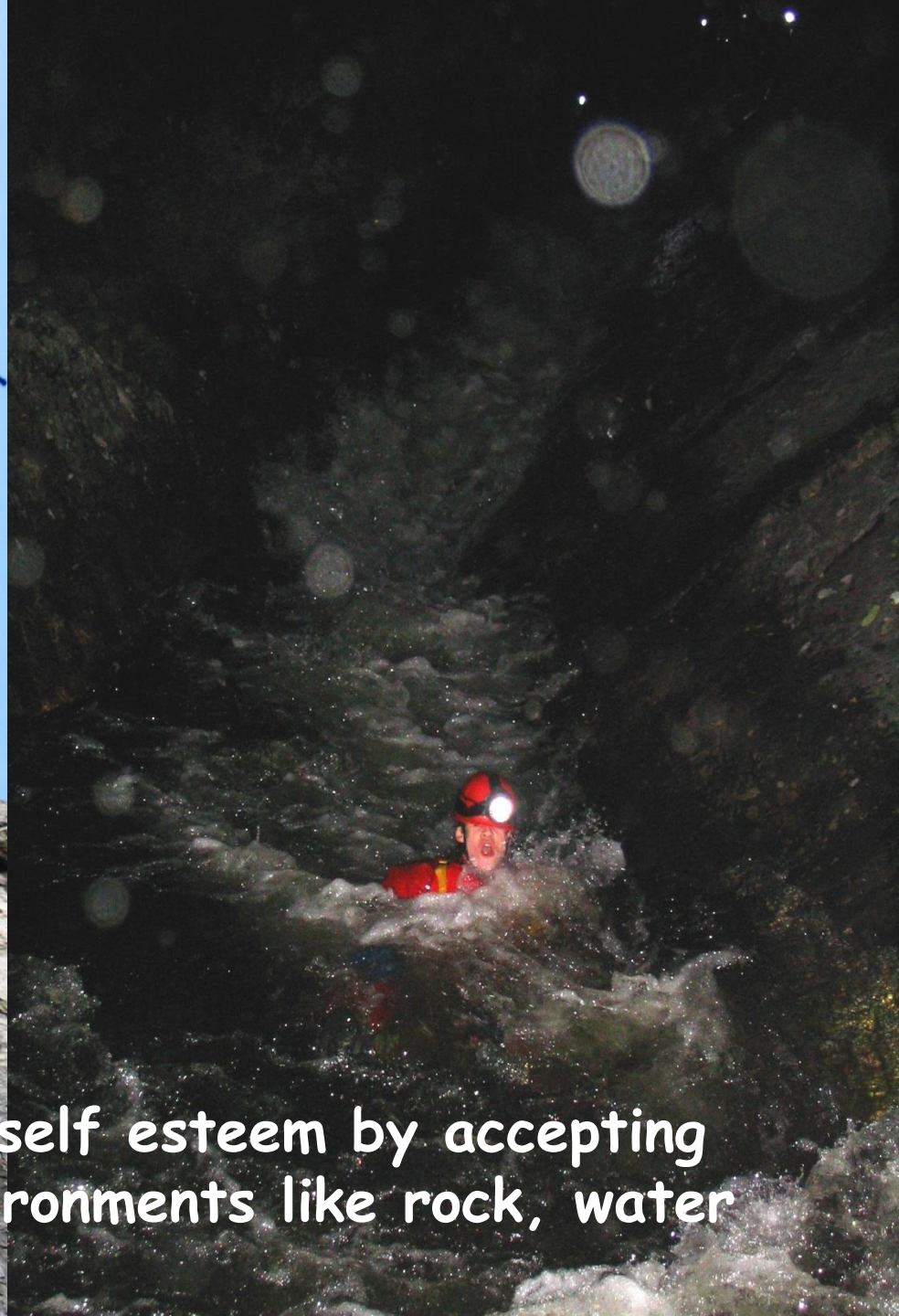


New activities and skills



Kayaking





2. Building confidence and self esteem by accepting challenges in different environments like rock, water

and underground.





Living and working together

Winter Activities - building an igloo



**Solving a problem
together.**



5. Meeting our environment



Simply by being part of it.



6. Developing new skills,



and working together to achieve success.





In a special and magical environment.





or their friends.

whether it is looking after themselves,





UNITE
58

leadership and teamwork,



Leaving Lanesfield:

We ask the children to arrive promptly on the Wednesday 16th October.

They will need to come through reception and wait with their luggage in the hall.

Children will need to bring a packed lunch for the first day. After that, all meals are included. Please let us know if you require one from the kitchen.

We are hoping to arrive at Towers at 11:30am

Day 1:-

- On arrival you will be seen into the building, shown around and given an opportunity to make beds and unpack
- Lunch
- We will then split the group into their 5 individual activity groups and they will meet their instructor who will work closely with them to give them a bespoke experience which suits that individual group.
- Afternoon activity
- Evening meal 6pm

Day 2:-

- 8am Breakfast
- 9am Group chat and weather
- 9:15am Each group meets their instructor to discuss the day
- All groups would hope to be offsite for activities by 10am
- All groups will be offsite for the day
- 4:30pm aim to be back for showers
- 6:00pm evening meal

Day 3:-

- Before breakfast: Strip beds, empty bins, tidy rooms
- 8am Breakfast
- 9am Group chat and weather
- 9:15am Each group meets their instructor to discuss the day
- All groups would hope to be offsite for activities by 10am
- Aim to be back at the centre for around 1:00pm to get kit in and get changed for return journey

Multi-Activity Trips in Snowdonia

Snowdonia is internationally recognised as an adventure sports playground. We're pleased to offer a huge range of adventurous experiences across multiple locations that will stretch your students and improve their essential skills. During your outdoor adventure trip, your students can take part in:

- ✓ Mountain Trekking Days
- ✓ Sea Level Traversing
- ✓ Kayaking / Canoeing
- ✓ Coastering
- ✓ Rock Climbing
- ✓ Mining
- ✓ Gorge Scrambling
- ✓ Beach visits
- ✓ Bushcraft
- ✓ Orienteering

Want to know more about the activities we run at The Towers?





Bedrooms

Our bedrooms are made up of bunk bed rooms for 2 – 8 people, with some ensuite rooms. Our building allows us to break down areas of the building to accommodate mixed groups easily. Most of our group leader & teachers rooms are also single bunk rooms and are mainly ensuite, those that aren't have separate group leader bathrooms.



Facilities

The Towers has a purpose built cloakroom with enough space for everyone's waterproofs and boots as well as a separate drying room which is heated overnight to dry out any wet clothes and kit from the day's adventures. We have a number of multi-use room, including a lounge, library, dining area/classroom and a group leader and teachers' lounge.

Kit list:

Towers will provide everyone with a set of waterproofs, a fleece and a rucksack. Any technical equipment such as helmets and buoyancy aids will also be provided.

Old clothes!

T-shirts, a couple of jumpers, swim wear, joggers/leggings (no jeans), underwear (plenty of socks), wash bag, towel, reusable drinks bottle, shoes (one indoor and one outdoor) sunscreen, hat, lunch box, medication.

Please can everything be named.

Keep your bag light - there are many stairs.

No money or electronic equipment.



What do we eat

Like every other Active Learning Centre, we take pride in providing our guests the best quality food possible to fuel them for the busy days ahead. Menus at The Towers have been carefully crafted to ensure participants are well nourished for their activities. Using locally sourced foods wherever possible, we can also cater for all dietary requirements.

Sample menu:

Breakfast - cereal, cooked option and juice

Lunch is a packed lunch.

Dinner - Burger, pasta, chilli and pudding.

If you have any questions,
there is the Towers Q&A
session on Thursday 3rd
October.

Otherwise, you can ask on
Showbie.