

MORE INFORMATION & SUPPORT

As the organisers of Anti-Bullying Week, the Anti-Bullying Alliance have lots of materials to help adults discuss bullying effectively.

Search for: [ABA Parent Pack](#)

respectme is Scotland's Anti-Bullying Service and has a range of useful information for children and adults.

Search for: [respectme Scotland parent page](#)

To help everyone "Choose Respect" this Anti-Bullying Week, BulliesOut have put together a list of helpful tips on their website.

Search for: [BulliesOut parent carers choose respect](#)

As part of their anti-bullying work, The Diana Award has guides, activities & pre-recorded sessions available for parents & carers.

Search for: [Diana Award anti-bullying resources](#)

Kidscape's free workshops are a chance for young people and parents & carers to navigate bullying.

Search for: [Kidscape ZAP workshops](#)

The NSPCC has in-depth, expert advice for parents & carers wanting to help a child who is being bullied. You can also contact their helpline on 0808 800 5000

Search for: [NSPCC parents dealing with bullying](#)

Please Note: If you have any concerns, please speak to your school's Designated Safeguarding Lead.